

**Guided Questions for Beginning of the Semester:**

- 1. What kind of communicator do you want to be?**
- 2. What specific goals do you have for this class?**
- 3. What are two skills you wish to improve this semester?**
- 4. What communication skills will you need in your intended career?**
- 5. Assess your stress and anxiety level and make a plan for how you can overcome any apprehensions (please include in portfolio). You can use the results from your PRPSA if you desire (please let me know your score if not attached)**

**Guided Questions for middle of Semester:**

1. **What role do you see communication playing at work, at school, and with your family and friends?**

2. **Re-assess your stress and anxiety and chart the progress you have made. What can you do in your future speeches to further decrease your anxiety and increase your confidence?**

3. **Discuss the progress you have made thus far in this course.**

**Guided questions for the End of the Semester:**

- 1. What communication skills and knowledge did you gain in this class that will help you personally, academically and socially?**
- 2. Did you accomplish the goals you set forth at the beginning of the semester? How?**
- 3. How are you more prepared to be more successful in your intended career?**
- 4. What is your greatest strength as a communicator? What is your greatest weakness? How can you overcome this weakness?**
- 5. Name the one thing that I (the instructor) did that helped you the most to be a competent communicator.**
- 6. What piece of this portfolio most effectively illustrates that you are an effective communicator?**